



# Bruins Youth Rugby



## **BRUINS YOUTH RUGBY INVITES SUMMER SIGN-UPS,** **CO-ED ~ Entering Kindergarten thru 8<sup>th</sup> Grade**

**Program Runs from June 14<sup>th</sup> thru July 25<sup>th</sup> ~ Practices are Tuesdays and Thursdays  
at  
C.O. Johnson Field in Byram Township 6:30 - 8:00 PM**

**Tournaments are held on Saturday mornings at different locations**

Tournament dates are 6/19, 6/26, 7/3, 7/10, 7/17, 7/24

**Registration is due by June 8<sup>th</sup>**

Girls and boys of any athletic ability, ages 4 thru 14, are invited to experience the fun, fast pace and excitement of **non-contact/flag rugby** with the Bruins Youth Rugby team this summer.

Running, passing, kicking, teamwork, space strategy and self-confidence are just some of the basics emphasized in rugby, one of the fastest growing sports in the world. The game is very easy to learn, with no experience necessary. Everyone touches the ball and anyone can score. Youth rugby uses detachable flags (no tackling), much like flag football. Players pick up the rugby ball (shaped like a fat football), pass, kick and run with it in this fast-paced and exciting game. Kids have a great time while keeping safe and active, and improving a variety of athletic skills useful in other sports, especially soccer, lacrosse and basketball.

The family-oriented Bruins Youth Rugby team is part of the Morris Rugby League and plays teams from Morris and Warren counties during the summer season. Last year Morris Rugby attracted more than 700 registered players from kindergarten to ninth grade (entering grades), and had more than 30 adult volunteers overseeing practices and weekly matches.

As with any sport, the success of our program depends on the support of parents. The Bruins Rugby program is growing quickly and we are in desperate need of volunteers. If you are interested in coaching rugby but are concerned that you really don't know the game, there are Coaches Clinics offered, contact Courtney Zeich for more information.

**If you are interested in volunteering your time in any other way or need more information, please contact Courtney Zeich at [czeich@hotmail.com](mailto:czeich@hotmail.com), she will answer any questions you may have.**



**BRUINS**  
MORRIS RUGBY YOUTH PROGRAM