



Bruins Youth Rugby



BRUINS YOUTH RUGBY INVITES SUMMER SIGN-UPS, CO-ED AGES Pre-K 4 (Entering kindergarten in Sept) thru 14

**Program Runs from June 16th thru July 26th. Practices Tuesdays and Thursdays at
CO Johnson Field in Byram 6:30 -8:00 (7:30 for 4 year olds)
Tournaments are held on Saturdays**

Girls and boys of any athletic ability, ages 4 to 14, are invited to experience the fun, fast pace and excitement of **non-contact** rugby with the Bruins Youth Rugby team this summer.

Running, passing, kicking, teamwork, space strategy and self-confidence are just some of the basics emphasized in rugby, one of the fastest growing sports in the world. The game is very easy to learn, with no experience necessary. Everyone touches the ball and anyone can score. Youth rugby uses detachable flags (no tackling), much like flag football. Players pick up the rugby ball (shaped like a fat football), pass, kick and run with it in this fast-paced and exciting game. Kids have a great time while keeping safe and active, and improving a variety of athletic skills useful in other sports, especially soccer, lacrosse and basketball.

The family-oriented Bruins Youth Rugby team is part of the Morris Rugby League and plays seven Morris County teams during the summer season. Last year Morris Rugby attracted more than 700 registered players from kindergarten to ninth grade (entering grades), and had more than 30 adult volunteers overseeing practices and weekly matches.

As with any sport, the success of our program depends on the support of parents. The Bruins Rugby program is growing quickly and we are in desperate need of volunteers. If you are interested in coaching rugby but are concerned that you really don't know the game, there are 3 Coaches Clinics being offered, contact Alex Ciaraffo for more information.



If you are interested in coaching or volunteering your time in any other way, please contact Alex Ciaraffo at ciaraffo@embarqmail.com and he will answer any questions you may have.

For more information, go to www.bruinsrugby.com or contact Alex Ciaraffo at ciaraffo@embarqmail.com Registration is due by **June 8th**.



BRUINS
MORRIS RUGBY YOUTH PROGRAM